



Safety Notice and waiver

[Managers please copy this page for each team member. All team members sign the second page. One sheet per season]

Participants in a South Island dragon boat event must abide with the following:

- ❖ Team managers shall ensure each team member understands these terms and conditions.
- ❖ Each team member must sign the attached (one sheet per team) to indicate they understand the rules. Return the form to Aoraki training supervisor before first training session.
- ❖ Non-swimmers are not permitted in the Dragon Boats. All members must be confident swimmers and able to swim unaided at least 50 metres.
- ❖ Alcohol shall not be consumed within the 12 hours before the use of a Dragon Boat.
- ❖ Long trousers shall not be worn in the boat. Shorts or wetsuits are most appropriate.
- ❖ If the boat capsizes, team members shall look out for their 'buddy' (the person seated next to them); and in the case of the Caller and the Sweep, the closest pair is expected to aid them in forming a trio. Team members must stay with the boat until the rescue craft arrives, or the boat can be swum to shore.
- ❖ Dragon Boats must give way to, and stay clear of all other watercraft. In particular, the Sweep shall call a warning whenever the Dragon boat is near a boat with rear-facing crew (such as rowing boats and scullers).
- ❖ A Capsize drill is not usually run (as it can introduce more risk than it removes). If they are run, Aoraki Dragons will ensure the rescue craft operator is in attendance. Team members must comply with any directions given by the Water Training Supervisor and rescue craft operator during the drill.
- ❖ Aoraki recommends dragon boaters wear an approved life jacket (PFD) while training or participating in any event, but this is optional and at the discretion of individual crew members and their teams. The terms and conditions and effect of this waiver are no different whether a life jacket is worn or not.

Dragon boat team members participate at their sole risk. No organiser, sponsor or other person or organisation associated in any way with the regatta, will be liable in any way or accept any responsibility for any injury, loss, damage or expense suffered or incurred by any dragon boat team member during dragon boat training or racing or in any other way in connection with the participation of that person as a team member.

Dragon Boating is an 'Assumed Risk Water Contact Sport' that may carry attendant risks. Participants should;

- ❖ be aware of and accept these risks;
- ❖ be responsible for their own actions and involvement; and
- ❖ fully understand that they have a duty of care towards other participants in the sport.

I have read, understood and agree to the terms and conditions set out above, and as a condition of and in consideration for the entry and participation in the regatta on behalf of my team I hereby (i) accept and agree to be bound by and observe the terms and conditions set out above and (ii) waive any claim or claims I may otherwise have against any one or more of the persons specified in paragraph above, in respect of any injury, loss, damage or expense suffered or incurred by my team members during Dragon Boat training or racing or in any other way in connection with my team's participation in the regatta, and that I and all members of my team are 14 years of age or older.

Signed (Manager):

Print name:

Manager of Team
/Sponsor:
Racing Division (strike out or circle one):
(1) **ADULT** (2) **U23** (3) **SCHOOL**



Safety Notice and waiver

By signing the following, I (team member) accept and agree to the conditions on page 1.

| Team Member (print clearly) | Signed | Date |
|-----------------------------|--------|-------|
| 1..... (manager) | | |
| 2..... | | |
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| 27..... | | |

Team name:Enquiries to aoraki.dragons@gmail.com