



## Super 12 this Saturday

Auckland and Waikato/BOP teams have been running "Super 12" (or 16) race days for a while now, so Aoraki teams thought we would give the concept a go. The inaugural regatta is this Saturday 29-Jan-10 at Lake Pegasus.

- Team briefing is at 9 am on the Beach near the caravan.
- First race scheduled to start around 9:30 am
- Races spaced about 12 minutes apart.
- All races are four lanes, each boat has 12 (or 10) paddlers plus sweep and caller.
- Please remember to bring your entry fee. Cash or cheque for \$100 per team.

Rnd	Dist	Descr
1	250m	Heat 1, from northern beach to the caravan (finish line). 4 races, 4 boats per race.
2	250m	Heat 2 as above. Approx 10:20
3	250m	Heat 3 as above. Approx 11:10
		Lunch break from about noon... Includes the "Tug of War"
4	~280m	Le Mans Heats (1 per team, 4 races, random draw) from ~ 2 pm
5	~280m	Le Mans Finals (A Final = winner of each heat, B Final = 2 <sup>nd</sup> placers)
6	250m	Finals, from northern beach to the caravan finish line. Men's, Women's B, Women's A, Mixed.

Race Schedule will be emailed to teams very soon.

Last race should be around 4 or 5 pm, followed by the Prize Giving and Aoraki BBQ (on the Crew-Loading beach).

On site will be a Hot Dog vendor (BLT, chips etc), "Kebab King" (plus espresso coffee, Souvlaki and Mini Donuts), "Liquid Velvet" espresso coffee and "Frosty Boy" Ice cream (spiders, milkshakes and lollies). There will be six Portaloos by the walkway from the Esplanade to the Beach.

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## Training Schedule

Team managers remember to confirm any changes to your [on the water](#) times either at Pegasus or from Owles Terrace.

Water is back on at the compound (so you can wash down the boats, use the toilets etc. Advice is that the Avon is no worse than it was before the Earthquake but several teams will continue to use Pegasus Lake.

## Teams to nominate Volunteers

This event is run on a shoestring, so we ask each team to have two people available as volunteers during the day. They may be occasionally asked to pitch in, but not so that it interferes with their racing.

Most importantly, we need people available to help get boats from the car park to the Kings Beach (and from the Boat Trailer down to Crew Loading) at about 8 am.

Then after racing, we need teams to help get the boats up from the beaches to the car park and trailer again.

## Super 12 – 250 meter races

These races (three heats plus a final per team) are in the usual north-to south direction, this time they are starting from the beach at the top of the lake (you may recall at the Ice Breaker we started near the caravan).

Finish line is indicated by the yellow dotted line in the map below.

Ranking for the final will be based on all three heats (so we don't drop the slowest time).

As for the Ice Breaker, this is using basic timing (no photo finish), so "the Judges decision is final".

## Super 12 – Le Mans race rules

See the map below showing the red-blue-red lines.

- Each team will draw lots to see which of the four heats they are in.
- One designated paddler on the start line (near the walking path, about 20 m behind Kings Beach)
- An 'aligner' holds the Boat (incl sweep, 11 paddlers and caller) in line just off the beach
- At the hooter, the 12<sup>th</sup> paddler runs down into the seat of their choosing
- The boat is paddled across to Crew Loading beach.
- One paddler (or caller) runs up the beach to the finish line near the walking path.
- First across the line goes to the A final, second goes into the B Final.

## Super 12 – Tug of War rules

Around lunchtime, teams will pair off for TOW.

- Teams advise Aoraki if they want to enter.
- Nominate six tuggers per team.
- Teams Draw lots for pairings.
- First team to pull the rope 1.5 metres wins.
- If, after **one** minute, neither team has pulled the rope 1.5 m the winner is whichever team has the rope pulled in their favour.
- Winners go into next round, until overall winner is found.
- If an odd number finish a round, lots are drawn to see who has a 'bye'.



## Access, Parking and tents

Teams should arrange to be on site, tents erected and set up in time for the Team Briefing on the Beach at 9:00 am. Remember too, that we ask for some help in getting the boats from the trailer and carpark down to the beach.

Parking will again be on the empty sections near the corner of The Esplanade and Du Surville Way. Then it is a short stroll across The Esplanade (please watch for traffic) to the usual tent sites. Again, site are **not** pre-allocated – first in gets to choose.

Note, for our Early Bird regatta at Pegasus, we seem to coincide with their major golfing event, so we will need to work around their traffic into the Golf Course. But this Saturday should be easy access.

So FYI, from 17-20 February 2011 they host the "Pegasus New Zealand Women's Open" (featuring 138 leading professionals touring from Europe, Australia, America and Korea).



# Layout for Super 12 (29 January, 2011) – Le Mans Race

